EVENT SCHEDULE & INFORMATION PACKAGE

Quality
INN & SUITES
BY CHOICE HOTELS

Canadian Nuclear Laboratories | Laboratoires Nucléaires Canadiens

PETAWAWA
DYNAMIC BY NATURE

SATURDAY, AUGUST 9Th

PLEASE NOTE ALL TIMES ARE SUBJECT TO CHANGE FOR THE SAFETY OF RACERS AND ALL THOSE INVOLVED IN THE EVENT

UPPER OTTAWA RIVER RACES (Canoe, Kayak & SUP)

RACE (10km) – Petawawa Point Beach

Registration (Petawawa Point)	9:00 AM
Pre-Race Meeting & Safety Brief	9:45 AM
Race Start	10:00 AM

RACE (4km) – Petawawa Point Beach

Registration (Petawawa Point)	11:00 AM
Pre-Race Meeting & Safety Brief	11:45 AM
Race Start	12:00 PM

KIDS RACES – Petawawa Point Beach – no race admission fee

Registration & Safety Brief	12:00 PM
Race Start	1:00 PM

AFTER THE RACES

10km & 4km AWARDS & GET TO THE POINT
Petawawa Point Beach 3:00 PM
1073 Island View Dr

PADDLERS LUNCH
prepared and served by Schmidt's catering 12:00 - 2:00 PM
(FREE for racers / $15 per cash NON racer limited quantities)

LIVE MUSIC
Yan- Nick Michaud 1:00 PM
ARSENALS 2:00 PM
BLAKDENIM 3:00 PM

REGISTRATION

All registration and entry fees can be completed and paid at wateranddirt.ca
Registration must be completed and all payments made by August 7th, 2025

Registration for all events including 10km, 4km and Kids Races can be completed at RACEROSTER. This is the only registration site in which race registration will take place.

No credit card? If you want to pay by cheque YOU MUST pay prior to the event. Please contact Colin Coyle at 613-687-5678 * 2102 or email ccoyle@petawawa.ca

Registration forms will be processed only if accompanied by full payment of registration fees. Cancellations received in writing by July 15, 2025 will be refunded in full, less a 25 % cancellation fee. No refunds will be issued for cancellations received after that date. Only cancellations received in writing will be processed. The Upper Ottawa River Race reserves the right to cancel this event or portions due to insufficient registration and any circumstances beyond their control, in which case registration fees will be refunded in full.

All registered race participants (10km & 4km) will receive a bib number, an event shirt, and ticket for after race meals (dinner), swag bag and the opportunity to participate in after race activities. There are chances to win prizes and unique trophies for those who place 1st in a variety of categories (boat or board, age, gender) as well as the prospect to win other prizes throughout the event.

SAFETY

1. Paddling equipment, personal floatation devices, safety kits (bail bucket, throw rope, and whistle) will NOT be provided by the Upper Ottawa River Race. These items must be provided by the participant and in their possession during the race or other activities at all times.
2. All participants MUST wear an appropriately sized and approved personal floatation device (PFD) with a whistle attached to the front. Your PFD MUST be worn at all times while you are on the water. Participants not wearing a PFD while participating in UORRPF race activities will be disqualified.
3. Participants are required to check in at least one hour before their start time. Welcome packages will be provided and registrants MUST sign a waiver of liability and release form at this time.
4. Participants are to ensure that their bib race number is visible at all times.
5. Participants are to complete the event without assistance.
6. At checkpoints, participants are to identify themselves to the check-point attendant(s). This is to ensure the safety of all participants and volunteers on the river.
7. All participants are to display courtesy to fellow competitors, avoiding interference and boat or paddle contact.
8. Participants MUST attend a pre-event briefing that will be held before event start time(s) and pay close attention to the information given to paddlers by the race organizer and the starting official.
9. In the case of capsizing, stay with your canoe, kayak, SUP! If you require assistance, flag down the race safety boaters for aid. If you are able to continue you can swim to shore and bail out your boat (Canoe, Kayak or SUP) and remount or drag to shore then continue with the race.
10. If at any time you decide not to complete the race once started – please inform the checkpoint attendant (10 km or 4km race), safety boaters and the race organizers at the finish area.
11. All participants are encouraged to protect themselves from the sun by wearing sunscreen, protective clothing, a hat, sunglasses, etc.
12. All participants are encouraged to bring rain gear. The race is rain or shine. Race status due to inclement weather (wind, waves, lightening etc.) will be at the decision of the race organizers.
13. All participants are encouraged to carry energy snacks and drinking water/juice. One litre per hour is recommended.
14. All participants are encouraged to carry a bilge pump (canoe/kayak).
15. All SUP paddlers must wear a leash for the duration of the race to ensure additional safety.

*** CHECK IN at the end of all events with the organizer to ensure your safe return and organizers are not looking for you after the event is over! ***

RACE CLASSES

ALL RACES WILL BE STARTING AND FINISHING AT PETAWAWA POINT BEACH

Petawawa (10 km) (floating start)
Awards and Prizes for 1st place in each category/gender/age
INTERMEDIATE & ADVANCED
This category is reserved for intermediate to advanced paddlers who are 18 years of age or older that have a strong knowledge and previous experience of paddling distances over 10km. Must be knowledgeable about self-rescue and various adverse open water conditions including wind and waves. 1

Petawawa (4 km) (floating start)
Awards and Prizes for 1st place in each category/gender/age
BEGINNER & NOVICE
This category is reserved for beginner to novice paddlers that are new to the sport of paddling or have been paddling for a short time. The shorter distance races have been designed to have paddlers in a safer monitored area.

KIDS RACES (1 km) (floating start)
NO EXPERIENCE NECESSARY
This category is reserved for children that are new/beginners to the sport of paddling or have been paddling for a short time. The shorter distance races have been designed to have paddlers in a safer monitored area. Parents/ Guardians are welcomed to paddle alongside (not in front) the racers and can provide verbal cues.

Register Day of Event – SUP boards, paddles and PFD will be provided (if you require)

THANK YOU TO OUR SPONSORS

Quality INN & SUITES BY CHOICE HOTELS

KAWARTHA ADVENTURE RENTALS

LEVEL SIX

CANADIAN TIRE

SALUS MARINE WEAR

TRAILHEAD PADDLE SHACK

FCS

Canadian Nuclear Laboratories | Laboratoires Nucléaires Canadiens

PETAWAWA DYNAMIC BY NATURE