

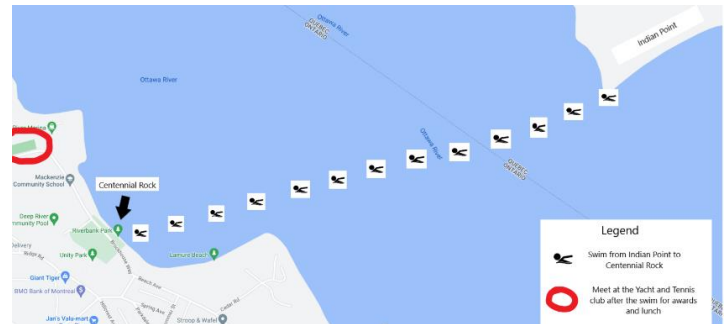


Water & Dirt Festival Cross River Swim
Sunday, August 10th, 2025
Centennial Terrace, Deep River, ON.



Rules, Safety and General Information

1. Each swimmer must be accompanied by a non-motorized watercraft (canoe, kayak, SUP) that is equipped with enough lifejackets for all on board plus one extra. The boat must also be equipped with a boat safety kit (available for purchase at Canadian Tire) as well as some form of reach assist: ringbuoy, oar, heaving line, pole, paddle, etc.
2. The swim will commence no later than 9:00am from Indian Point. Swimmers and their safety boats must be there well in advance of the starting time to check in, ensure waiver is signed, receive Swag Bag and for the 8:45am briefing session.
3. Each swimmer is responsible for obtaining his/her own safety boat and paddler(s), and getting across the river to Indian Point no later than 8:45 am. The Swim Coordinators reserve the right to commence the swim no later than 9:00 am.
4. Participants will receive a bib number on check in. Number is to be displayed on participant's swim cap and on their safety boat, visible to course marshals.
5. Lifeguards and volunteers will be on the water in assorted watercraft.
SHOULD YOU NEED ASSISTANCE:
 - grab onto your safety boat and, if safe, board
 - remove swim cap and wave in the air to attract attention of the marshals**AND/OR** -hold paddle vertical to attract attention of the marshals
6. The race will run rain or shine. In the event of extreme weather (thunderstorm, high wind, waves) the Swim Coordinators will determine if it is safe to proceed with the event.
7. The finish line will be between two orange markers in front of Centennial Terrace.
8. All participants are required to check in with the Swim Coordinators at Centennial Terrace whether they complete the race or not.
9. Brunch and award presentation will take place at the Hexagon Restaurant (Yacht and Tennis Club) immediately following the swim.



NOTE: Swimmers should be capable of completing the swim in a maximum time of 1 hour.